



Yudansha Clinic & Test Agenda September 9th & 10th 2017

September 9th, Saturday

- 10:30am – 11am ... Meeting
- 11am - 5pm ... Clinic
 - Clinic Fees:

▪ Yudansha	\$80
▪ Ikkyu	\$70

Agenda:

1. Shorinjiryu Kenyukai Watanabe-Ha ... No Nagare (History)
2. To Ku Cho & Chi Gai ... Setsumei (Explanation)
3. Kihon Taisabaki ... Setsumei & Enbu (Explanation & Demonstration)
4. Kumite, Waza & Do Sa No Setsumei (Techniques & Movement Explanation)
5. Kata, Sude & Bukiho ... Setsumei & Enbu (Explanation & Demonstration)
6. Shiai Waza, Kumite, Kata, No Henka, Kuzushi, Oyo ... Setsumei & Enbu(Explanation & Demonstration)

September 10th, Sunday

- 10am ... Test
 - Test Fees:

▪ Shodan-Ho	\$100
▪ Shodan	\$150
▪ Nidan	\$175
▪ Sandan	\$200
▪ Yodan	\$250

****Purchase Clinic & Test together and take \$10 off total.****

Sincerely,

会長 渡辺 俊二

Kaicho Shunji Watanabe